

NDC 69097-224-76

Rx Only

# Once Weekly Alendronate Sodium Tablets, USP

**70 mg\***

**PHARMACIST:** Dispense the accompanying Medication Guide to each patient.

**\*Each tablet contains:**

91.37 mg alendronate sodium (70 mg free acid equivalent)

**Usual adult dosage:** One 70 mg tablet once weekly.

See accompanying circular for complete dosage information.

**Important information:** Please read the enclosed Medication Guide before taking *once weekly* alendronate sodium tablets. Keep this and all drugs out of the reach of children.

**Store** at 20°C to 25°C (68°F to 77°F); excursions permitted to 15°C to 30°C (59°F to 86°F) [See USP Controlled Room Temperature].

**12 Tablets (3 blisters of 4 tablets)**

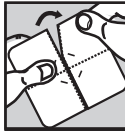
**Cipla**

GTIN  
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EXP  
LOT

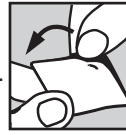


**How to remove tablets:**

1. Tear blister card at perforation.



2. Peel backing and push tablet through.



If necessary use scissors to remove tablet.

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SUN	MON	TUE	WED	THU	FRI	SAT
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Choose your day for taking *Once Weekly Alendronate Sodium Tablets USP, 70 mg\** sodium tablets in the enclosed Medication Guide. Please read it carefully.

There is important additional information about how to take *once weekly* alendronate week, as originally scheduled on your chosen day.

**If you miss a dose,** take only one alendronate sodium tablet on the morning after you remember. *Do not take two tablets on the same day.* Return to taking one tablet once a

for as long as your doctor prescribes it. **Remember** to take one alendronate sodium tablet once each week on that same day eat breakfast first.

**Begin your morning activities...** but don't lie down, eat, drink, or take other medication for at least 30 minutes. If you want to lie down after 30 minutes, you must

for the day. **After getting up for the day** on your chosen day of the week, swallow (do not chew or suck) one alendronate sodium tablet with a full glass (8 oz.) of plain water, on an empty stomach. Do not take alendronate sodium tablets at bedtime or before arising

Every week, take one alendronate sodium tablet on your chosen day. **Choose the day of the week that best fits your schedule.**

**Alendronate Sodium Tablets USP, 70 mg\***

**How to take Once Weekly**



Manufactured by: Cipla Ltd.  
Verna Goa, India  
Manufactured for: Cipla USA, Inc.  
10 Independence Boulevard, Suite 300  
Warren, NJ 07059  
Rev. 3/2020

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